

Vasantdada Patil Ayurvedic Medical College & Institute of Yoga, Sangli



TRANSITIONAL CURRICULUM AYURVEDA

Duration :-90 Hours

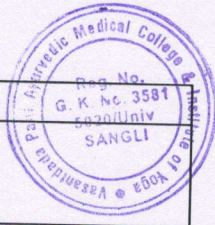
Day	Time	Topic	Speaker	Remark
1 <sup>st</sup> Day 19/03/21	9 AM – 11 AM	Inaugural Function	Chairman, Shri Sameer B Birnale. Principal, Dr Pravin A. Pete. Vice Principal Dr Ajit J. Patil. Dr Ashay H. Nandeshwar. (Incharg Curriculum)	
	11 AM – 12 PM	Interaction with Parents	Dr. Pravin A. Pete Principal, VPAMC, Sangli.	
	12 PM – 1 PM	Interaction with students	Dr Ashay H. Nandeshwar. VPAMC, Sangli	
	1 PM - 2 PM	Lunch		
	2PM – 3 PM	Uniqueness of Ayurveda/Siddha/Sowa Rigpa/Unani (ASSU) compared to other systems of Medicine	Dr Ashay H. Nandeshwar. VPAMC, Sangli	
	3PM – 4 PM	Language (Vadatu Sanskritam )	Mr. Laxman D. Mote Shashtri VPAMC, Sangli	
2 <sup>nd</sup> day 20/03/21	9 AM – 10 AM	History, Philosophy and concepts of ASU- Introduction by eminent person.	Dr. Gayatri Deshpande. SGR Ayurved College, Solapur.	
	10 AM – 11 AM	Introduction about Modern Medicine and other systems of Medicine	Dr Ashay H. Nandeshwar. VPAMC, Sangli	
	11 AM – 12 PM	Role of ASU in Public Health and Primary Health Centre	Dr Pravin Belanki. AYUSH Medical Officer, Sangli.	
	12 PM – 1 PM	Language Vadatu Sanskritam )	Vd. V. P. Dharmadhikari, Assistant Director of AYUSH, Pune	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Know your institute and department visit	Dr Shriniwas V. Kagalkar, VPAMC, Sangli.	
	3 PM – 4 PM	Motivational Lecture including by eminent person of ASU	Dr. Vidya D. Shete VPAMC, Sangli.	
3 <sup>rd</sup> Day 21/03/21	9 AM – 10 AM	History, Philosophy and concepts of ASU - introduction by eminent person.	Dr. Gayatri Deshpande. SGR Ayurved College, Solapur.	
	10 AM – 11 AM	Recent advances in ASU	Dr. Pravin A. Pete Principal, VPAMC, Sangli.	
	11 AM – 12 PM	Know Regulatory bodies & Statutory bodies and major AYUSH institutions	Dr. Pravin A. Pete Principal, VPAMC, Sangli.	
	12 PM – 1 PM	Language Vadatu Sanskritam	Mr. Laxman D. Mote Shashtri VPAMC, Sangli	
	1 PM - 2 PM	Lunch		

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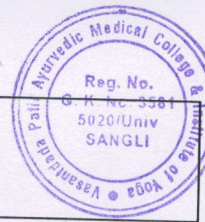


	2 PM – 3 PM	Know your institute and department visit	Dr Shrinivas V. Kagalkar, VPAMC, Sangli.	
	3 PM – 4 PM	Lecture by eminent person of ASU	Dr. Leena Nanoti, Principal & HOD Samhita Gangaputra Ayu. Clg. Jind, Hariyana.	
4 <sup>th</sup> Day 22/03/21	9 AM – 10 AM	History, Philosophy and concepts of ASU - introduction by eminent person.	Dr. Gayatri Deshpande. SGR Ayurved College, Solapur.	
	10 AM – 11 AM	Recent advances in ASU	Dr. Pravin A. Pete Principal, VPAMC, Sangli.	
	11 AM – 12 PM	Know Regulatory bodies & Statutory bodies and major AYUSH institutions	Dr. Pravin A. Pete Principal, VPAMC, Sangli.	
	12 PM – 1 PM	Language Vadatu Sanskritam	Mr. Laxman D. Mote Shashtri VPAMC, Sangli	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Know your institute and department visit	Dr Shrinivas V. Kagalkar, VPAMC, Sangli.	
	3 PM – 4 PM	Lecture by eminent person of ASU	Dr Vishwajit G. Mehetre VPAMC, Sangli	
5 <sup>th</sup> Day 23/03/21	9 AM – 10 AM	Language Vadatu Sanskritam	Mr. Laxman D. Mote Shashtri VPAMC, Sangli	
	10 AM – 11 AM	Clinical exposure	Dr. Paresh R. Chougule VPAMC, Sangli.	
	11 AM – 12 PM	Role and impact of Physician in the society	Dr. Pramod Upadhyay. Ayurved Physician, Sangli	
	12 PM – 1 PM	Basics of Prakriti Pareeksha	Dr. Amruta S. Jaybay VPAMC, Sangli.	
	1 PM - 2 PM	Lunch		
	2 PM – 4 PM	Skills – Basic Life Support (BLS) and First Aid	Dr. Amol A. Sakale VPAMC, Sangli.	
6 <sup>th</sup> Day 24/03/21	9 AM – 10 AM	Language Vadatu Sanskritam	Dr. Devendra Barsing, CSESAMC Mayani	
	10 AM – 11 AM	Clinical exposure	Dr. Bharat S. Tompe, VPAMC, Sangli.	
	11 AM – 12 PM	Role and impact of Physician in the society	Dr. Sagar Ingle, Ayurvedic Physician, Gadhinglaj, Kolhapur	
	12 PM – 1 PM	Basics of Prakriti Pareeksha	Dr. Sachin V. Kapase, VPAMC, Sangli.	
	1 PM - 2 PM	Lunch		
	2 PM – 4 PM	Skills – Basic Life Support (BLS) and First Aid	Dr. Sujit S. Patil RMO, VPAMC, Sangli.	
7 <sup>th</sup> Day 25/03/21	9 AM – 10 AM	Language Vadatu Sanskritam	Mr. Laxman D. Mote Shashtri VPAMC, Sangli	
	10 AM – 11 AM	Clinical exposure	Dr. Shailendra D. Katakdaund, VPAMC, Sangli.	
	11 AM – 12 PM	Vrikshaayurveda and Mrigayurveda	Dr. Ajit J. Patil, VPAMC, Sangli.	
		Professional Medical Ethics		

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	1 PM - 2 PM	Lunch		
	2 PM - 3 PM	Computer skills	Mr. Vikram Patil Computer Technician VPAMC, Sangli	
	3 PM - 4 PM	Games and sports grouping students and giving tasks	Mr. Vinod Chandoba, ABPS Sangli.	8
8 <sup>th</sup> Day 26/03/21	9 AM - 10 AM	Communicative English	Asharani S. Chougule, ABPS, Sangli.	
	10 AM - 11 AM	Biodiversity and ASU	Dr. Leena H. Nandeshwar Professor, RSBK	
	11 AM - 12 PM	Language. Vadatu Samskritam	Mr. Laxman D. Mote Shashtri VPAMC, Sangli	
	12 PM - 1 PM	Yoga and Meditation	Dr. Ajit B. Patil, VPAMC, Sangli.	
	1 PM - 2 PM	Lunch		
	2 PM - 3 PM	Lecture from eminent person in ASU	Dr. Ravindra Mane, Panchbhoomik Ayu Physician, Sangli	
	3 PM - 4 PM	Games and Activities	Mr. Vinod Chandoba, ABPS Sangli.	
9 <sup>th</sup> Day 27/03/21	9 AM - 10 AM	Communicative English	Asharani S. Chougule, ABPS, Sangli.	
	10 AM - 11 AM	Biodiversity and ASU	Dr. Ajit J. Patil, VPAMC, Sangli.	
	11 AM - 12 PM	Language. Vadatu Samskritam	Mr. Laxman D. Mote Shashtri VPAMC, Sangli	
	12 PM - 1 PM	Yoga and Meditation	Dr. Yogesh Mainkar, Ayurved Vyaspith, Sangli	
	1 PM - 2 PM	Lunch		
	2 PM - 3 PM	Lecture from eminent person in ASU	Dr. Yogesh Mainkar, Ayurved Vyaspith, Sangli	
	3 PM - 4 PM	Games and Activities	Mr. Vinod Chandoba, ABPS Sangli.	
10 <sup>th</sup> Day 28/03/21	9 AM - 10 AM	Communicative English	Asharani S. Chougule, ABPS, Sangli.	
	10 AM - 11 AM	Know your syllabus, lectures by HoD	Dr. Pravin A. Pete Principal, VPAMC, Sangli.	
	11 AM - 12 PM	Language. Vadatu samskritam	Mr. Laxman D. Mote Shashtri VPAMC, Sangli	
	12 PM - 1 PM	Yoga Practice and relaxation Techniques	Dr. Ajit B. Patil, VPAMC, Sangli.	
	1 PM - 2 PM	Lunch		
	2 PM - 3 PM	Computer skills	Mr. Sushant Pawar, ABPS, Sangli	
	3 PM - 4 PM	Games and Activities	Mr. Vinod Chandoba, ABPS Sangli.	
11 <sup>th</sup> Day 30/03/21	9 AM - 10 AM	Language Vadatu samskritam	Mr. Laxman D. Mote Shashtri VPAMC, Sangli	
	10 AM - 11 AM	National Health Status, Goals and Policies	Dr. Amol A. Sakale, VPAMC, Sangli.	
	11 AM - 12 PM	Lecture by eminent Pharmaceutical industrialist/	Dr Dinesh D. Kelgaonkar, VPAMC, Sangli.	12/3/21



	12 PM – 1 PM	Stress management and Capacity building to address medical challenges	Dr. Paresh R. Chougule VPAMC, Sangli.	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Stress management and Capacity building to address medical challenges	Dr Ashay H. Nandeshwar. VPAMC, Sangli	
	3 PM – 4 PM	Videos related to AYUSH	Shri Sameer H. Mujawar VPAMC, Sangli	

12 <sup>th</sup> Day 31/03/21	9 AM – 11 AM	Language Vadatu samskritam	Mr. Laxman D. Mote Shashtri VPAMC, Sangli	
	11 AM – 1 PM	Motivational Speech by eminent person of ASU	Vd. Malhar Joshi, Ayurved Vyaspith, Sangli	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Discussion, debate, Tasks	Dr Ashay H. Nandeshwar. VPAMC, Sangli	
	3 PM – 4 PM	Feedback by the students	Dr Ashay H. Nandeshwar. VPAMC, Sangli	

13 <sup>th</sup> Day 01/04/21	9 AM – 11 AM	Importance of Diet in ASU	Dr Milind G. Rajguru. VPAMC, Sangli	
	11 AM – 12 PM	Personal Health & Hygiene (Dinacharya)	Dr Shrinivas V. Kagalkar, VPAMC, Sangli	
	12 PM - 1 PM	Language Vadatu samskritam	Mr. Laxman D. Mote Shashtri VPAMC, Sangli	
	1 PM – 2 PM	Lunch		
	2 PM – 3 PM	Time Management	Dr Vidya D. Shete, VPAMC, Sangli	
	3 PM – 4 PM	Biomedical Waste Management	Dr. Sujit S. Patil RMO, VPAMC, Sangli.	

14 <sup>th</sup> Day 03/04/21	<b>Learning Skills</b>			
	9 AM – 10 AM	Understanding interpersonal relationship in a health care team	Dr. Shailendra D. Katakdaund, VPAMC, Sangli.	
	10 AM – 11 AM	Understanding the role of mentoring	Dr. Pravin A. Pete Principal, VPAMC, Sangli.	
	11 AM – 1 PM	Comprehend the learning Pedagogy and the role in learning skills	Dr. Ashish A. Bidkar VPAMC, Sangli.	
	1 PM - 2 PM	Lunch		
	2 PM – 3 PM	Understanding the process of group learning and group dynamics	Dr. Shekhar B. Patil, VPAMC, Sangli.	
	3 PM – 4 PM	Understanding different methods of self learning and collaborative learning	Dr. Shekhar B. Patil, VPAMC, Sangli.	

15 <sup>th</sup> Day 04/04/21		Field visit to other institutions, eminent practitioners, AYUSH hospitals /dispensaries, Pharmaceuticals and other institutions	Dr Ashay H. Nandeshwar.(Incharg Curriculum) Dr. Ashish A. Bidkar, Dr. Shrinivas V. Kagalkar, Dr. Dinesh D. Kelgaonkar,	
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